# Childbirth Preparation Classes



Classes are held one Saturday per month from 9 a.m. to 4 p.m.

# Topics covered:

- Labor preparation
- C-section
- Pain management
- Post-partum and newborn care

### Location:

## **UT Health Tyler Pavilion**

801 Clinic Drive in Tyler

Parking is available in the lot next to the building.

Press the button at the gate for access to the lot.

### Class fees:

\$50 if delivering at **UT Health Tyler** \$60 if delivering at another hospital

Pre-registration is required for all classes. Please call 903-535-6911 for more information or to register.

Tours are available by appointment.

Please be prepared for the following safety precautions.

- You will be screened before entering the classroom.
- You will be asked to wear a mask.
- Social distancing practices will be in place.

# **Dates:**

Jan. 16

Feb. 6

March 6

April 10

May 8

June 5

July 10

**Aug. 14** 

Sept. 4

Oct. 9

**Nov. 13** 

Dec. 4



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