

# 2020 Childbirth Preparation Classes



**Classes are held one Saturday per month from 9 a.m. to 4 p.m. and include a tour of the UT Health Tyler Family Birthplace.**

## Topics covered:

- Labor preparation
- C-section
- Pain management
- Post-partum and newborn care

## Location:

### UT Health Tyler Pavilion

801 Clinic Drive in Tyler

Parking is available in the lot next to the building.

*Press the button at the gate for access to the lot.*

## Class fees:

\$50 if delivering at **UT Health Tyler**

\$60 if delivering at another hospital

**Pre-registration is required for all classes. Please call 903-535-6911 for more information or to register.**

## Dates:

Jan. 18

Feb. 8

March 7

April 4

May 2

June 6

July 11

Aug. 8

Sept. 12

Oct. 3

Nov. 7

Dec. 5



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