Sutab Prep Instructions

On the day of your procedure

- Do not drink milk, eat or drink anything colored red or purple.
- Do not drink alcohol.
- Do not take other laxatives while taking Sutab.
- Do not take oral medication within **one hour** of starting each dose of Sutab.
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine or penicillamine, take these medications at least two hours before and not less than six hours after the administration of each dose of Sutab.

What you **can** do:

You may have clear liquids, including:

- Coffee or tea (no cream or nondairy creamer)
- Fruit juices (without pulp)
- Gelatin desserts (no fruit or topping)
- Water
- Chicken broth
- Clear soda, such as ginger ale

Note

- Sutab is an osmotic laxative indicated for cleansing of the colon in preparation for colonoscopy in adults.
- Be sure to tell your doctor about all the medicines you take, including prescription and nonprescription medicines, vitamins and herbal supplements. Sutab may affect how other medicines work.
- Medications taken by mouth may not be absorbed properly when taken within **one hour** before the start of each dose of Sutab.
- The most common adverse reactions after the administration of Sutab were nausea, abdominal distension, vomiting and upper abdominal pain.
- Contact your healthcare provider if you develop significant vomiting or signs of dehydration after taking Sutab or if you experience cardiac arrhythmias or seizures.
- If you have any questions about taking Sutab, call your doctor.

The dosing regimen

Sutab is a split-dose, two-day regimen. A total of 24 tablets is required for complete preparation for your colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of Sutab and additional water must be consumed after each dose.

On the day of your procedure

What you **cannot** do

- Do not drink milk, eat or drink anything colored red or purple.
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 penicillamine, take these medications at least two hours before and not less than six hours after
 administration of each dose of Sutab.

What you can do

You may have clear liquids.

Dose one - On the day prior to colonoscopy

Take the tablets with water

Step 1 Open one bottle of 12 tablets.

Step 2 Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount of water over 15 to 20 minutes.

Important: If you experience preparation-related symptoms (for example, nausea, bloating or cramping) pause or slow the rate of drinking the additional water until your symptoms diminish.

Step 3 Approximately **one hour** after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.

Step 4 Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.

Dose two - Day of colonoscopy

- Continue to consume only clear liquids until after the colonoscopy.
- The morning of the colonoscopy (five to eight hours prior to the colonoscopy and no sooner than four hours from starting the dose one), open the second bottle of 12 tablets.
- Repeat **step one** to **step four** from dose one.

Important: You must complete all Sutab tablets and required water at least two hours before your colonoscopy.

Please read the full prescribing information and medication guide in the kit.

To learn more about this product, call 1-800-874-6756.